

# The Use of Information Technology and Communication Networks at Organizing and Administrating Offices





## The Use of Information Technology and Communication Networks at Organizing and Administrating Offices



#### **Course Objective**

- ➤ Develop the skills and attributes of a first class office professional and make a greater contribution in their workplace
- > Become more confident
- ➤ Become more proactive
- ➤ Communicate more confidently and effectively with your manager, colleagues and other departments
- ➤ Deal with the difficulties and pressures of working in a modern office
- ➤ Prioritise between urgent and important tasks
- ➤ Plan, organise and manage time more effectively
- ➤ Present yourself more confidently and efficiently
- ➤ Write, email and use the phone more professionally and effectively



#### **Target Audience**

- ➤ Anyone involved in the operational supervision of an office environment
- ➤ Secretaries and administrative support personnel needing to develop superior performance in their working environment
- > Senior Personal Assistants
- > Senior Secretaries





#### **Course Outline**

#### > DAY 1

- ➤ Setting the Scene, Assessing Existing Skills, Time Management
- > General introduction
- ➤ Assessing prior skills and knowledge
- Competencies required
- > Perceptions, attitudes and beliefs
- ➤ Learning Styles/Thinking Styles
- > Time management skills
- ➤ Time Management Group Activity 1
- > Video on time management
- ➤ Time Management Group Activity 2

#### > DAY 2

- Organising and Planning
- Managing workflow
- ➤ Techniques for organising and planning brainstorming, SWOT analysis, Goal setting, setting SMART objectives
- ➤ Group Activity
- Mind Mapping
- ➤ Video
- ➤ Group Activity mind mapping exercise
- Managing meetings



#### > **DAY 3**

- > Communication Skills
- ➤ Understanding Assertiveness
- ➤ Group Activity on assertiveness
- ➤ Listening and questioning skills
- > Group activity on listening effectively
- ➤ Body Language
- Group activity on body language

#### > DAY 4

- > Team Working
- > Conflict management
- ➤ Dealing with difficult people
- ➤ Managing upwards
- > Stress management
- ➤ Group Team building activity to demonstrate leading, sharing information, understanding the brief, listening skills, teamwork, creative thinking, time management

#### > DAY 5

- > Presentation Skills
- > Telephone skills
- Writing skills
- > Email etiquette
- > Presentation skills
- ➤ Group Exercise delegates to prepare and present a 4 minute presentation on a topic to be agreed.
- > Review of the week



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#### The Cost Of The Training Program Includes The Following:

- 1) Scientific article on flash memory.
- 2) Training Room.
- 3) Training.
- 4) Coffee break.
- 5) The training bag includes all the tools for the course.



#### Price (USD)

### Communicate with the training department to know the participation fees

> There are offers and discounts for groups

#### The details of the bank account

**Bank name: CIMB Bank Berhad** 

**Account name: Asia Masters Center SDN. BHD** 

Bank account number: 80-0733590-5

**Swift code: CIBBMYKL** 

**IBAN: Null**